



North Rock Creek MS/HS Breakfast May 2024



| | | Wed, 5 /1 | Thu, 5 /2 | Fri, 5 /3 |
|--|--|--|---|--|
| | | Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk | Cinnamon Toast Scrambled Eggs or Cereal & Toast Fruit Juice Milk | Waffles & Syrup or Cereal & Toast Fruit Juice Milk |
| Mon, 5 /6 | Tue, 5 /7 | Wed, 5 /8 | Thu, 5 /9 | Fri, 5 /10 |
| Oatmeal Sausage Patty or Cereal & Toast Fruit Juice Milk | Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk | Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk | Breakfast Bowl Toast or Cereal & Toast Fruit Juice Milk | Cinnamon Roll or Cereal & Toast Fruit Juice Milk |
| Mon, 5 /13 | Tue, 5 /14 | Wed, 5 /15 | Thu, 5 /16 | Fri, 5 /17 |
| Oatmeal Cinnamon Toast or Cereal & Toast Fruit Juice Milk | French Toast Sticks or Cereal & Toast Fruit Juice Milk | Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk | No School | No School |
| Mon, 5 /20 | Tue, 5 /21 | Wed, 5 /22 | Thu, 5 /23 | Fri, 5 /24 |
| No School | No School | No School | No School | No School |
| Mon, 5 /27 | Tue, 5 /28 | Wed, 5 /29 | Thu, 5 /30 | Fri, 5 /31 |
| No School | No School | No School | No School | No School |

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



North Rock Creek MS/HS Lunch May 2024



| | | Wed, 5 /1 | Thu, 5 /2 | Fri, 5 /3 |
|--|--|---|--|--|
| | | Waffle and Syrup Scrambled Eggs Sausage Patty Seasoned Potatoes Fruit Milk | Nacho Bar (Beef, Queso and Tortilla Chips) Refried beans Salsa Fruit Milk | Corn Dog Tater Tots Broccoli Fruit Milk |
| Mon, 5 /6 | Tue, 5 /7 | Wed, 5 /8 | Thu, 5 /9 | Fri, 5 /10 |
| Chicken Nuggets Mashed Potatoes & Gravy Baby Carrots Dinner Roll Fruit Milk | Bacon Ranch Mac & Cheese Green Beans Broccoli Fruit Milk | Breaded Chicken Sandwich Cucumber Slices Fruit Milk | Nacho Bar (Chicken, Queso and Tortilla Chips) Refried beans Salsa Fruit Milk | Cheeseburger Baby Carrots Garlic Parm Fries Fruit Milk |
| Mon, 5 /13 | Tue, 5 /14 | Wed, 5 /15 | Thu, 5 /16 | Fri, 5 /17 |
| Corn Dog French Fries Baked Beans Fruit Milk | Cheeseburger Mac Green Beans Broccoli Breadstick Fruit Milk | Chicken Nuggets Loaded Mashed Potatoes Baby Carrots Dinner Roll S'more Pudding Fruit Milk | No School | No School |
| Mon, 5 /20 | Tue, 5 /21 | Wed, 5 /22 | Thu, 5 /23 | Fri, 5 /24 |
| No School | No School | No School | No School | No School |
| Mon, 5 /27 | Tue, 5 /28 | Wed, 5 /29 | Thu, 5 /30 | Fri, 5 /31 |
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